SIMPLE STEPS TO BE A COVID SAFE STUDENT

Make your health & safety a priority

1. **WASH HANDS & FACE OFTEN**
   - Make sure to wash your hands and face regularly. Be aware of where you put your hands and don't touch your face, mouth, nose and eyes. Wash hands for at least 20 seconds with soap and water. If you don't have access to a sink, use hand sanitiser. Carry a bottle of hand sanitiser with you so you can clean your hands when away from home. Make sure to clean your entire hand.

2. **ELECTRONIC DEVICES**
   - Computer keyboards, your mouse, phone, remote controls & all electronic devices are touched (often by many different people) all the time. Make sure to wash your hands for 20 seconds with soap and water or hand sanitiser after using these devices. Use antibacterial wipes and sprays to clean devices.

3. **SOCIALISING**
   - When going to visit friends or family, make sure to keep socially distanced or wear a mask. Wash your hands before, during and after visits. Take a face mask with you wherever you go in case you can't stay 1.5 metres away from the next person.

4. **PUBLIC TRANSPORT**
   - Public transport is one place you need to be very careful as there are so many people using buses, trains and light rail. Make sure to use hand sanitiser after disembarking or touching rails or seats. Wear a face mask, even if there are not too many people travelling.

5. **PUBS, CLUBS & CAFES**
   - Make sure to sign in at every venue you go to. This way, if someone does test positive from a location you have been at, you can be contacted to get a test early. Early detection can help with treatment and recovery. It also helps avoid giving it to others.

6. **WEAR A FACE MASK**
   - Wearing a face mask can be a big help in situations where you can't avoid being close to people such as in crowded shops or on public transport. Make sure to use a good quality mask or buy filters to put inside your homemade cloth mask.

CREATED BY SYDNEY SCHOOL OF BUSINESS AND TECHNOLOGY